



# WELCOME TO **CAMP MOM**

Welcome to Camp Mom! This year we have **FOUR WEEKS** of fun activities for you! These simple activities were created to give you some easy to use ideas this summer! They are designed for kids ages 2-10!

Each weekly plan comes with five activity ideas plus a few bonus/extension options. Each weekly plan also includes the supplies that will be needed for that week.

We hope you love these ideas as much as we have! If you need more simple themed activity ideas, [check out our Camp Mom archives on Toddler Approved.](#)

## **LEGO WEEK**

- LEGO AND WATER SENSORY BIN
- LEGO KNOCKDOWN
- FEED THE LEGO MONSTERS
- PAINT WITH LEGO
- LEGO ICE EXCAVATION

## **SHAPE WEEK**

- GIANT SHAPE SORTER
- SHAPE HUNT
- SHAPE TARGET PRACTICE
- SHAPE STICKY WALL
- SHAPE SENSORY BIN

## **FIZZ WEEK**

- BACKYARD VOLCANOES
- FIZZY FOOTPRINTS
- FIZZY BOTTLE CAPS
- FIZZ PAINTING
- FIZZY DRINKS

## **ART WEEK**

- SANDPAPER PRINTING
- MESS FREE PAINTING
- PAINTING WITH WATER BALLOONS
- PAINTING ON ICE
- SHAKE ART



# LEGO WEEK

## ACTIVITY #1 LEGO & WATER SENSORY BIN

Collect a handful of LEGO or DUPLO bricks and put them in a sensory bin. Fill up your sensory bin with water and you're ready to play!

Optional: Add in some scoops and tongs!

MORE SENSORY IDEAS:

- Try a LEGO & shaving cream bin
- Try a LEGO & playdough bin

## ACTIVITY #3 FEED THE LEGO MONSTERS

Grab some brown bags or boxes, markers, and scissors and decorate them to make some monsters! Cut a hole in the box/bag for a mouth. Feed the LEGO or DUPLO bricks to your LEGO monsters.

Optional: Make different colored LEGO monsters and use them to help you sort the LEGO by colors.

## ACTIVITY #5 LEGO ICE EXCAVATION

Put some LEGO bricks, minifigures, and water into a tupperware container. Freeze the tupperware overnight. Pop the ice out of the container and use whatever tools you have to try and melt/excavate the LEGO bricks from the ice- forks, warm water, etc.

## ACTIVITY #2 LEGO KNOCK DOWN

Take LEGO or DUPLO bricks outside and set several bricks up on a table or bucket. Build them into towers. Spray them with a spray bottle to knock down the brick towers. Or soak a sponge and toss it at the bricks.

Optional: Use a water blaster to knock down the brick towers.

## ACTIVITY #4 PAINT WITH LEGO

Lay out paper or a flat box along with washable paint and LEGO bricks. Use the LEGO bricks to paint on the paper and make patterns and prints.

MORE PAINTING IDEAS:

- Build a lego car, dip it in paint and do LEGO car painting.

## SUPPLIES

- LEGO or DUPLO bricks
- Sensory bin
- LEGO minifigures (optional)
- Spray bottle or sponge
- Washable paint
- Roll of paper or a flat box
- Brown paper bag or box
- Scissors
- Markers
- Small tupperware container



# SHAPE WEEK

## ACTIVITY #1 GIANT SHAPE SORTER

Take a large box or piece of cardboard and cut several shapes out of the sides. Gather up any shape toys and have your child try and match them to their proper shape. Dumb out the shapes and repeat.

### MORE SHAPE IDEAS:

Trace shape toys onto cardboard and then match them, like a shape puzzle!

## ACTIVITY #3 SHAPE TARGET PRACTICE

Draw some shapes on pieces of colored paper and hang them up outside with tape. Soak some sponges with water. Call out a shape and try and have your child throw the sponge at the shape you called. Repeat until you've hit each shape. Play again!

## ACTIVITY #5 SHAPE SENSORY BIN

Put some shape toys into a sensory bin. Add in a sensory bin filler and play! Talk about shapes while building, digging, and playing.

## ACTIVITY #2 SHAPE HUNT

Use painters tape to make several shapes on your floor or table. Cut matching shapes out of cardstock or construction paper. Hide the shapes around the house. Hunt for the shapes and match them to the correct shape on the floor.

### MORE HUNT IDEAS:

Hunt around the house for shape toys!

## ACTIVITY #4 SHAPE STICKY WALL

Tape a piece of contact paper to the wall, sticky side out. Grab shape toys or small paper shapes and see what will stick to the sticky wall.

### MORE STICKY IDEAS:

Draw different shapes/colors on the sticky wall and sort the toys by color/shape.

## SUPPLIES

- Cardboard box
- Scissors/knife
- Painters tape
- Shaped toys
- Sponge
- Colored paper
- Contact paper
- Sensory Bin
- Sensory Bin filler (sand, beans, dried rice, dried pasta)



# FIZZ WEEK

## ACTIVITY #1 BACKYARD VOLCANOES

Grab some baking soda and vinegar and go outside. Build a volcano out of dirt or sand or tan bark. Make a hole at the top and put the baking soda in it. Pour vinegar into the well and watch what happens to your backyard volcano.

### VARIATION:

Build a volcano out of playdough and then add baking soda and vinegar.

## ACTIVITY #3 FIZZY BOTTLE CAPS

Gather a few bottle caps or small containers and add a drop of food coloring to the bottom and cover it with baking soda. Drip vinegar onto the lids to make fizzy eruptions. Repeat!

## ACTIVITY #5 FIZZY DRINKS

Pour each child a glass of fizzy soda. Add ice cubes or crushed ice (either before or after pouring the soda) and see what happens. Next, give each child some gummy sweet and sour sugary candies. Have them put the candies in the drinks to see which make the drink more fizzy. Drink & enjoy!

## ACTIVITY #2 FIZZY FOOTPRINTS

Pour baking soda into a 8x8 or 9x13 baking pan with a lip. Use squeeze bottles or droppers to drip colored vinegar onto the baking soda. Once you have a drip of vinegar, use a toy (like dinosaur feet) to make a footprint in the color drip. Repeat after each fizzy drip. See if someone can guess which animal made which footprint.

## ACTIVITY #4 FIZZ PAINTING

Mix washable paint with baking soda to make a liquidy paint. Paint the concoction onto paper or a baking sheet. Squirt vinegar onto the painting with a dropper and watch the fizz. Repeat!

## SUPPLIES

- Baking soda
- Colored vinegar
- Droppers
- Small toys (dinosaurs, trucks, etc)
- Bottle caps (or substitute)
- Paintbrush
- Washable paint
- Diet lemon drink
- Ice
- Gummy sugar and sour candies
- Paper/ Baking pan



# ART WEEK

## ACTIVITY #1 SANDPAPER PRINTING

Color on fine sandpaper with crayons to make a design on the rougher side. Press hard. Next, put the sandpaper crayon side down on a piece of construction paper, lay a clean kitchen towel on top, and go over the paper gently with a hot iron.

Remove the towel and iron to admire your transferred design! BONUS: Iron your designs onto t-shirts and pillowcases too!

## ACTIVITY #3 PAINTING WITH WATER BALLOONS

Fill up some balloons with water. Dry them off with a towel. Squeeze some washable paint onto paper plates. Place some paper inside a large sensory bin or baby pool. Dip the water balloons in paint and drop them into the sensory bin to make designs. Roll them around. Dip again and paint some more.

## ACTIVITY #5 SHAKE ART

Grab a cardboard box and a ball. Stick a paper inside the box (tape it to the bottom). Dip the ball in some washable paint, put it in the box, close it up, and SHAKE! Remove the paper and see your beautiful designs. Put in another paper or dip the ball into another color paint and repeat!

## ACTIVITY #2 MESS FREE PAINTING

Squeeze some washable paint into a gallon Ziploc bag. Remove all air and then seal the bag shut. Tape it to a window or a table. Let kids explore by putting their hands on the bag and drawing on it with their fingers.

MORE IDEAS: Grab some toy trucks/cars and use them to help you paint on top of the ziploc baggie.

## ACTIVITY #4 PAINTING ON ICE

Fill up a small baking pan or pie pan with an inch or two of water and a 1/2 cup of baking soda. Mix. Freeze overnight. Baking soda will turn the ice white. Give kids a paintbrush and washable paint to paint onto the ice and make designs. Rinse off and paint again until ice melts.

## SUPPLIES

- Fine Sandpaper
- Crayons
- Iron
- Roll of paper
- Sensory bin (or baby pool)
- Balloons
- Washable paint
- Paintbrush
- Baking pan/pie pan
- Cardboard box
- Gallon Ziploc bag
- Ball